

C's 2010 Santa Barbara Junior Lifeguards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 28 Introductions Safe Water Entries Swimming Evaluation	June 29 Training Day	June 30 Uniforms Distributed Intro to Surf Swimming and Buoys	July 1 Intro to Paddleboards Training Day	July 2 Picture Day
July 5 NO JUNIOR GUARDS!!	July 6 Long Swim and Short Run	July 7 Boat Trip #1 Long Run and Short Swim	July 8 Relay Practice	July 9 InterSquad Competition
July 12 Taffy's Pizza Fundraiser 11am-9pm	July 13 Butterfly Biathlon	July 14 Boat Trip #2 Training for Competitions	July 15 Relay Practice	July 16 Carpinteria Competition 9am – 2 pm (Flyer will come home)
July 19 Intro to Tower Operations	July 20 A & C Bonding Day Movie Night #1	July 21 Training Day	July 22 Relay Day	July 23 Regionals (Pacific Beach, San Diego) (Flyer will come home)
July 26 Training Day	July 27 Evaluation #2 C's Annual Sandwich Contest	July 28 Game Day	July 29 Fun Training Day	July 30 Fiesta Competition At East Beach 9:00am – 2:00pm (Flyer will come home)
August 2 Training Day	August 3 Stud Ironman Followed by Kick Back Day Movie Night #2	August 4 Post Stud Ironman Day	August 5 Nationals (Huntington State Beach) (Flyer will come home) Leadbetter Day	August 6 Training Day
August 9 Rincon Surf Day Drivers needed (Flyer will come home)	August 10 Pier Run Challenge	August 11 Pier Swim Challenge	August 12 Ventura Competition 9am – 2:30pm (Flyer will come home)	August 13 Last Day of J.G.'s Banquet at Chase Palm Park 5-7pm